

*Office of the Mayor*  
*City of Fayetteville*  
**Proclamation**



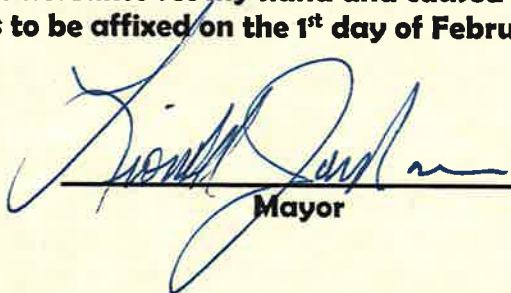
- WHEREAS:** cardiovascular diseases are the number one killer of women in the U.S., and
- WHEREAS:** cardiovascular disease kill one woman almost every 80 seconds in the U.S., and
- WHEREAS:** about eighty percent of cardiovascular diseases may be prevented, and
- WHEREAS:** risk factors for heart disease such as blood pressure, smoking and cholesterol can be controlled, and
- WHEREAS:** women are encouraged to commit to making physical activity and healthy eating a priority to improve heart health, and
- WHEREAS:** the American Heart Association's Go Red For Women® movement motivates women to learn their family history and to meet with a healthcare provider to determine their risk for cardiovascular diseases and stroke, and
- WHEREAS:** Go Red for Women encourages women to take charge of their heart health by knowing their total cholesterol, HDL (good) cholesterol, blood pressure, blood sugar and body mass index.

**NOW THEREFORE, I, Lioneld Jordan, Mayor of the City of Fayetteville, Arkansas do hereby proclaim February 1, 2019 as**

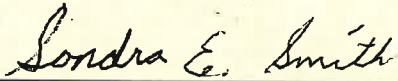
**“National Wear Red Day®”**

in Fayetteville, Arkansas and urge all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness, speaking out about heart disease, and empowering women to reduce their risk for cardiovascular diseases, we can save thousands of lives each year.

**IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Fayetteville, Arkansas to be affixed on the 1<sup>st</sup> day of February, 2019.**

  
\_\_\_\_\_  
Mayor

**Attest:**

  
\_\_\_\_\_  
City Clerk

